

## **Spring Break Climbing Trip to Smith Rocks (a world-class climbing destination), Oregon**

**April 2<sup>nd</sup> – 6<sup>th</sup>, 2018 – open to 8<sup>th</sup> – 12<sup>th</sup> graders!**

Learn what it means to be a “climber”, and experience all aspects of climbing (top-roping, what it means to lead, and possibly bouldering).

Chaperones are Judson Ford, Melanie Mildrew and Leal Ford – Please see us with your questions!

Leave SGS at 7:30 am, downtown at 8:00 am on Monday, April 2<sup>nd</sup>. We will call with our arrival times on our way home. We will travel in school vehicles.

We will camp at Smith Rocks State Park Campground. The facilities have showers.

Cost is \$250.00. We need a minimum of 5 students to make this trip happen and cannot take more than 11. This trip is open to 8<sup>th</sup> through 12<sup>th</sup> graders. Fill out permission slips on PowerSchool and give your payment to Melanie by March 20<sup>th</sup> to sign up. We will start a waiting list once we hit 11 students. We would like to establish our group early to do some training and lessons here.

We will stop for lunch on the way there and back. This is included in the cost. If you want to buy treats when we stop for fuel, please bring money for this otherwise you should not need any cash.

### **Equipment provided by the student:**

- day pack
- 2-3 upper body layers
- 1-2 lower layers
- warm jacket for the evenings
- sun hat and warm hat
- gloves
- couple pair of socks
- rain top and bottom
- lightweight hiking boots or sneakers
- camp shoes
- sleeping bag (mummy style - not 3<sup>rd</sup> grade slumber party style - and no cotton)
- sleeping pad
- water bottles ( 2 one liter bottles at least or a hydration system)
- sun glasses and sunscreen
- swim wear and towel
- headlamp or flashlight
- bandanna
- toiletries (toothbrush, tooth paste, soap and shampoo, etc)
- shoes to shower in
- camera
- optical needs (contact stuff and/or a pair of glasses)
- necessary medications
- personal eating utensils (cup, bowl, fork and spoon)
- camp chair

### **Equipment provided by the school:**

- climbing gear but you are welcome to bring your own
- Tents but you are welcome to bring your own
- food and cooking equipment
- first aid kits