



Dear Parent or Guardian,

Your child was identified as having one or more COVID-19 symptoms.

- Cough
- Shortness of breath or difficulty breathing
- Fever of 100.4°F or higher or a sense of having a fever
- Sore throat
- Chills
- New loss of taste or smell
- Muscle or body aches
- Nausea/vomiting/diarrhea
- Congestion/runny nose – not related to seasonal allergies
- Unusual fatigue
- Headache

The following are options for your child to return to the classroom:

- In the absence of any action, your child will be able to return to in-person instruction at Saint George's School after 10 school days provided that their symptoms are improving **AND** they have been fever free for 24 hours without taking fever reducing medications.
- Your child will be able to return to school earlier if he/she has a negative COVID-19 PCR test **AND** is fever free for 72 hours in the absence of fever reducing medications **AND** if their symptoms are improving.

If you decide to have your child evaluated by a healthcare provider:

- Contact your child's doctor or healthcare system to arrange for COVID-19 PCR testing for your child. A test can take 1-4 days to get a result, so try to have your child evaluated and tested as soon as possible. Your child must remain in isolation while awaiting test results.
- If you do not have a healthcare provider, you can find current testing options and locations here: <https://srhd.org/covid-19-drive-through-screening-clinic>
  - If your child tests negative:
    - Obtain a printed copy of your child's test results in case you need to provide them.
    - Contact your school at 466-1636 to notify them of your child's results and follow all instructions about returning to school.
    - Even with the negative test result, your child will still need to be fever free for 72 hours without taking fever reducing medications **AND** show improvement in their symptoms.
  - If your child tests positive:
    - Continue to keep your child at home until deemed safe by a health care provider.

- Notify the school of your child's positive status at [ryan.peplinski@sgs.org](mailto:ryan.peplinski@sgs.org), COVID-19 Coordinator.
- All household members should quarantine themselves at home until they receive more specific instructions from public health.

Contact your school at 466-1636 so that they can help manage the transition to online instruction for your child while he/she is on home isolation.

For more information and additional guidance:

<https://www.doh.wa.gov/Portals/1/Documents/1600/coronavirus/COVIDconcerned.pdf>.

If you have further questions concerning COVID-19, consult your healthcare provider or contact the state Call Center 1.800.525.0127 and press #. More information can be found on our website at

<https://srhd.org/covid19> or at <https://www.cdc.gov/coronavirus/2019-ncov>.