

Backpacking Trip for 8th through 12th Graders

Leave SGS at 3:30 pm on Friday, September 6th and return at 4:00 pm on Sunday, September 8th, 2019.

Chaperones are Melanie Mildrew and David Holte and we will travel in the school's vehicles.

We are backpacking about a 10 mile loop from Harrison Lake trailhead, sleeping at Harrison Lake and then Little Harrison Lake.

Cost of the trip is \$60.00 per person. We need 5 participants for this trip to happen with a maximum of 14. Students sign up by having their waiver filled out on PowerSchool and turning in their trip payment to me. I will start a waiting list once we reach 14. The filled out form and money needs to be turned in by September 4th.

Equipment needs:

Backpack – may borrow from Outdoor Program

Sleeping bag – not cotton – may borrow from Outdoor Program

Sleeping mat – may borrow from Outdoor Program

2 water bottles or a hydration system with a water bottle (ability to carry a minimum of 2 liters and one water bottle being a Nalgene that is made of clear plastic so it can hold hot water)

Mess Kit (minimum need a cup and spoon)

Backpacking tent to share – may borrow from Outdoor Program

Raingear – prefer you have a rain jacket and rain pants

Appropriate hiking shoes – shoes that fit and support you with tread for scrambling on rocks

2 pairs of socks

Synthetic or wool tops (2) and bottom – No Cotton

Shorts to hike and swim in

Heavier weight Top and bottom for at night

Wool Hat

Baseball Cap or Visor

Toiletries and personal medication

Flashlight – preferably a headlamp

Sunglasses

Optional items: camera, hiking poles, lightweight camp chair, camp shoes/sandals, book or magazine to read

We will be in an area without cell service. I would recommend leaving those items at home. The chaperones and the school are not responsible if they are lost or stolen. You will need to have space in your pack to help carry group gear and food so please keep this in mind when packing.

Please bring your own snacks for the trip. Recommend 2 per day.

If you have any questions, please call Melanie: 208 721-8000.