



The OUTDOOR CLUB wants you to join us!

Introduction to the outdoor program by participating in a unique camping opportunity to students in grades 5 through 7. This trip can accommodate up to 15 students so if you are interested in joining make sure you sign up quickly! Jim Tuck, Rick Petrini, and Melanie Mildrew will chaperone this outing to Steamboat Rock State Park Campground. We will pick students up at SGS or at Grocery Outlet. **The cost is \$50.00 per person and includes transportation, food, and campground fees. To sign up, your parent must sign the waiver on PowerSchool and you must pay the trip price either by sending a check in made out to SGS or by emailing Gayle Brown in the business office authorizing her to bill your account.** We will leave on Saturday, May 4<sup>th</sup> at 9am from SGS, 9:30 from Grocery Outlet, and return to Grocery Outlet at 3:30, SGS at 4:00 on Sunday, May 5<sup>th</sup>.

We will be introducing basic camp craft skills and hiking in Northrup Canyon and Steamboat Rock. We will have some upper school students to mentor on this trip. This trip is to start building basic skills in setting up a tent, hiking and exploring the outdoors, and how to take care of yourself on outings. In order for students to be successful, they need to have the correct gear for the trip. Please see the list below.

Sleeping bag – not cotton (may borrow from the Outdoor Club)

Sleeping mat (may borrow from the Outdoor Club)

2 water bottles or a hydration system and water bottle (ability to carry a minimum of 2 liters) with day pack (this may be their school backpack) for hiking

Mess kit (insulated cup, bowl or plate, fork, spoon)

Backpacking tent –(may borrow from Outdoor Club)

Raingear this includes rain jacket and pants

Appropriate hiking shoes can be sneakers – shoes that fit and support you

2 pairs of socks (synthetic or wool, not cotton)

Synthetic or wool tops (2-3) and bottom – No Cotton

Shorts/pants to hit in

Heavier weight Top and bottom for at night

Wool or Fleece hat and gloves

Baseball Cap or Visor

Toiletries and personal medication including sun block and bug spray

Headlamp or flashlight

swim suite and towel with water shoes

camp shoes

Optional items: camera, cards, soccer ball, Frisbee, football

If you would like to borrow anything, please let Melanie know. We look forward to this trip!